



## TEXAS ALCOHOLIC BEVERAGE COMMISSION

*Texans Helping Businesses & Protecting Communities*

# Save lives. Know the signs.

## Fentanyl kills more than **150 Americans every day.**

Illegal drugs and even counterfeit prescription pills can be laced with lethal doses of fentanyl. Knowing how to spot an overdose and how to react can save lives.

### Signs of overdose

- Eye pupils are small, constricted “pinpoints.”
- Face is extremely pale and/ or feels cold or clammy to the touch.
- Body goes limp.
- Fingernails or lips have a purple or blue color.
- They are vomiting or making gurgling noises.
- They can’t be woken up or are unable to speak.
- Breathing or heartbeat slows or stops.

### How to save a life

1. Call 911 right away.
2. Try to wake the person up.
3. Give naloxone, if available.
4. Begin rescue breathing or CPR.
5. Turn them on their side to prevent choking.
6. Stay with them until emergency services arrive.

**#OnePillKills**

*Source: U.S. Centers for Disease Control and Prevention & Texas Department of State Health Services*