

Texas Alcoholic Beverage Commission

That I, \_\_\_\_\_, do hereby release, indemnify, and agree to hold harmless The State of Texas, the Texas Alcoholic Beverage Commission (TABC), its employees and agents, and assigns from and against any and all claims, causes of action, or liabilities of whatsoever sort, arising out of or connected in any way to my taking the TABC physical readiness test (PRT) which consists of:

- 300 Meter Run – 93 seconds
- Push Ups – 13 (no time limit)
- 1.5 Mile Run – 21:55 minutes

OR

Concept II Rower Test – 2,000 meters under an individually pre-determined load in 21:55 minutes

I understand that the said PRT is a mandatory physical test to measure the physical readiness of a TABC commissioned peace officer which entails being fit for duty and capable of responding to threats or resistance. The PRT is consistent with business necessity, and is required as part of the application procedure for consideration for employment by TABC as a commissioned peace officer, and is comprised of physical activities that are designed to measure the physical abilities that underlie the essential job tasks (aerobic capacity, anaerobic power, muscular endurance and explosive leg power) of a TABC commissioned peace officer.

I acknowledge that during the taking of said PRT, my physical strength, ability, agility, and condition will be measured, and in conjunction therewith I will be required to exert myself physically, and that such exertion is only intended to measure my physical ability and agility to be considered for employment by the TABC. I specifically acknowledge that I have been advised by TABC that prior to taking the PRT, which will involve physical exertion, I should consult a physician to determine whether I can safely take the test and I either have done so or have declined to do so.

**I VOLUNTARILY AGREE TO PARTICIPATE IN THE PRT AND REALIZE THE POSSIBLE RISKS INVOLVED IN THE TAKING OF THE PRT AND AGREE TO WAIVE AND ABANDON ANY AND ALL CLAIMS, CAUSES OF ACTION, OR LIABILITY OF WHATSOEVER SORT AGAINST THE STATE OF TEXAS, THE TABC, ITS EMPLOYEES AND AGENTS, AND ASSIGNS THAT I MAY PRESENTLY HAVE OR WHICH I MAY ATTAIN IN THE FUTURE AS A RESULT OF OR WITH REGARD TO THE PRT.**

➔ Signature: \_\_\_\_\_

**ACKNOWLEDGEMENT**

I, \_\_\_\_\_, do hereby acknowledge that the foregoing instrument was executed by me for the purposes expressed therein, and I acknowledge that I have voluntarily executed the foregoing instrument without threat or coercion, and that the contents thereof are true and correct.

➔ Signature: \_\_\_\_\_

On this the \_\_\_\_ day of \_\_\_\_\_, 2014, personally appeared before me, the undersigned authority, \_\_\_\_\_, who after being duly sworn, acknowledged that the foregoing instrument was executed by him/her for the purposes expressed therein and was true and correct, to certify which witness my hand and seal of office.

\_\_\_\_\_  
Notary Public in and for \_\_\_\_\_ County, Texas

Print Name: \_\_\_\_\_

My Commission Expires: \_\_\_\_\_